



Laidley Community Centre Bulletin

Bulletin 1, 2019

ALL SYSTEMS GO

To say we have had a busy start to the year as an organisation would be a serious understatement. Lots of behind-the-scenes planning is underway for our Grand Re-Opening of our social enterprise at Three-Sons Café as well as another exciting new project that is on the horizon. There'll be more on that in the next update, but in the meantime we wanted to share a couple of things coming up this month and next.



On Friday the 22nd of March we will be holding a stall out the front of Three-Sons Café in Patrick Street to celebrate the 20th anniversary of Harmony Day. Harmony Day is a celebration of all the cultures that make up our community. Please stop by and join us in a game of Tapatan, test your knowledge on our culture quiz or place a leaf on our Harmony Tree for the chance to win a free coffee or other beverage. Let's commit to creating a safe place where everyone belongs.



SCHOOL HOLIDAY ACTIVITIES

Council and local service providers have put together another great round of school holiday activities to keep young people active over the break. Be sure to register quickly to secure your spot. We are looking forward to hosting a Family Craft Day at the Centre on the 12th April from 9:30 – 12:30 (see flyer over page).

VOLUNTEER/WORK EXPERIENCE OPPORTUNITIES

The following opportunities exist for volunteers/work experience placements:

- Gardener to mow lawn – takes about 30-40 minutes every 3-4 weeks (mower, fuel & safety equip. provided)
- Reception volunteer to answer phones, respond to emails and direct enquiries – from 4 hours a fortnight
- Café volunteers – general kitchenhand tasks, customer service, purchasing – current availability on a Thursday or Friday from 9am – 12pm.

Email info@laidleycc.org.au if you are interested in finding out more.

CATCH UP WITH LYNDA

Many of you will know Lynda as the local guru when it comes to tips and tricks to save money on bills or to discover what services to connect to when you are struggling to make ends meet. We certainly feel lucky to have her as part of the community centre team. As part of our Community Connect service, for the next few months, she will be available most Friday mornings (9am- 11am) at Three-Sons Café for people to drop-in and chat with her about what support services may be available to them in the area. Bookings aren't required but please feel free to call us on 54651889 before attending the café just to confirm her availability.



VILLAGE OF THE DOOMED

Have you heard about this great local event planned for Laidley in April? We'll be supporting the initiative by sponsoring the facepainting and sharing with people about our services. Be sure to come down and say hello! Full details in the flyer below.

Spirit of the Valley Events Inc
SOTVEVENTS.INC@GMAIL.COM | 0448326246

LAIDLEY DISTRICT HISTORICAL SOCIETY INC

VILLAGE OF THE DOOMED

SATURDAY APRIL 27TH
Laidley Pioneer Village
Pioneer St, Laidley
6.30-10PM

*Fire twirler, Gothic Belly Dancer, RPGs,
Ghost tours, Macabre Market and more*

ADULTS \$13.00
PENSIONERS \$7.00
STUDENTS \$7.00
CHILDREN U16 FREE

**JOIN US...
IF YOU DARE**

ALL ENQUIRIES: IDELL WADLEY
0448 326 246 OR SOTVEVENTS.INC@GMAIL.COM
Photo Credit: Selina Boyle

river 94.9
Katie Harvey
GREENVILLE CHERRY
SOMERSET FUNERALS
Costume Closet

Tickets-www.villageofthedoomed.eventbrite.com.au

SCHOOL HOLIDAY ACTIVITIES



SCAVENGER HUNT

Gatton Library Laidley Library

EVERY DAY THROUGHOUT THE HOLIDAYS!

Come and test your sleuth skills! Go on a scavenger hunt and see if you can crack the code.

ENQUIRIES
Lockyer Valley Libraries

5466 3434 Gatton Library 5462 0351 Laidley Library

YOUTH NINJA CHALLENGE

Sunday 7 April 2019
10am - 3pm
LITTLETON HALL, GATTON

FREE!

Obstacle course, fun activities, self-care workshops, free giveaways, free sausage sizzle and morning tea.

CHILDREN MUST BE 12+ FOR THE OBSTACLE COURSE.

REGISTER

Register at <http://bit.ly/youthninjachallenge>

CARD MAKING WORKSHOP

Monday 8 April 2019
10.30am - 12pm
GATTON KSL BUILDING

FREE!

Come along for a fun morning hosted by the Lockyer Community Centre and learn all about the art of making cards.

REGISTER

Lockyer Community Centre
5462 3155



EXPERIENCE QAGOMA'S

Tuesday 9 April 2019 10am - 12pm
Wednesday 10 April 2019 10am - 12pm

Wednesday 10 April 2019 2pm - 4pm GATTON LIBRARY
Thursday 11 April 2019 10am - 12pm LAIDLAY LIBRARY

APPS: 'The 9th Asia Pacific Triennial of Contemporary Art' with APPS Kids Go Tour.

ENQUIRIES
Lockyer Valley Libraries

5466 3434 Gatton Library 5462 0351 Laidley Library

FAMILY WELLBEING DAY

Tuesday 9 April 2019
10:30am - 12:30pm
GATTON SENIORS HALL

FREE!

Come along and try yoga and movement classes, as well as making some healthy snacks for you to enjoy.

Fun for the whole family!

REGISTER

Anglicare Southern Queensland
1300 114 197



ANIMALS ON THE MOVE CRAFT

Friday 12 April 2019 2pm - 4pm

Tuesday 16 April 2019 10am - 12pm
LAIDLAY LIBRARY

Monday 15 April 2019 10am - 12pm
GATTON LIBRARY

Can you make a shark go SNAP SNAP? Or balance a swirly snake? Come along and try some moving craft.

ENQUIRIES

Lockyer Valley Libraries

5466 3434 Gatton Library 5462 0351 Laidley Library

FAMILY CRAFT DAY

Friday 12 April 2019
9.30am - 12.30pm
LAIDLAY COMMUNITY CENTRE
24 CRESCENT STREET, GATTON

GOLD COIN DONATION

Looking for fun, cheap school holiday activities? Then why not join the Laidley Community Centre!

Craft supplies provided or BYO. Morning tea provided.

REGISTER

Laidley Community Centre
5462 3155

LEGO

Friday 12 April 2019 10am - 12pm
LAIDLAY LIBRARY

Tuesday 16 April 2019 10am - 12pm
GATTON LIBRARY

FREE!

Join us for some Lego fun!

Can you make a boat, that can float?

ENQUIRIES

Lockyer Valley Libraries

5462 0351 Laidley Library 5466 3434 Gatton Library

MOVIE MATINEE

Monday 8 April 2019 1.30pm - 3pm

Thursday 11 April 2019 1.30pm - 3pm

Monday 15 April 2019 1.30pm - 3pm
LAIDLAY LIBRARY

Thursday 18 April 2019 10am - 12pm
GATTON LIBRARY

Enjoy a relaxing afternoon at the library watching a film on our big screen.

ENQUIRIES

Lockyer Valley Libraries

5466 3434 Gatton Library 5462 0351 Laidley Library

SCOOTER WORKSHOP - LAIDLAY

Monday 15 April 2019
10am - 12pm

LAIDLAY SKATE PARK, EDWARD STREET

FREE!

Learn to skate from the pros at a two-hour workshop in the local skate park.

REGISTER

australian.skateboarding.com/workshops

Must be registered by a parent/guardian

SCOOTER WORKSHOP - GATTON

Monday 15 April 2019
2pm - 4pm

GATTON SKATE PARK, WESTERN DRIVE

FREE!

Learn to skate from the pros at a two-hour workshop in the local skate park.

REGISTER

australian.skateboarding.com/workshops

Must be registered by a parent/guardian.

FAMILY ADVENTURE DAY

Wednesday 17 April 2019
9am - 1.30pm

LAIDLAY STATE SCHOOL oval

FREE!

High ropes fun with games and archery on the ground including a barbecue lunch.

CHILDREN MUST BE OVER 7YRS TO CLIMB.

REGISTER

Must call Anglicare Southern Queensland
1300 114 197

PROUDLY SUPPORTED BY



Lockyer community centre

KIDS BETWEEN THE AGES 3-15? LOOKING FOR FUN, CHEAP SCHOOL HOLIDAY
ACTIVITIES?
WHY NOT JOIN LAIDLLEY COMMUNITY CENTRE

FAMILY CRAFT DAY

Friday 12th of April
2019
9.30am -12.30pm

Craft Supplies provided or BYO
Gold Coin Donation
Morning Tea Provided

| String Art | Natural Bird Feeders | Pom Poms

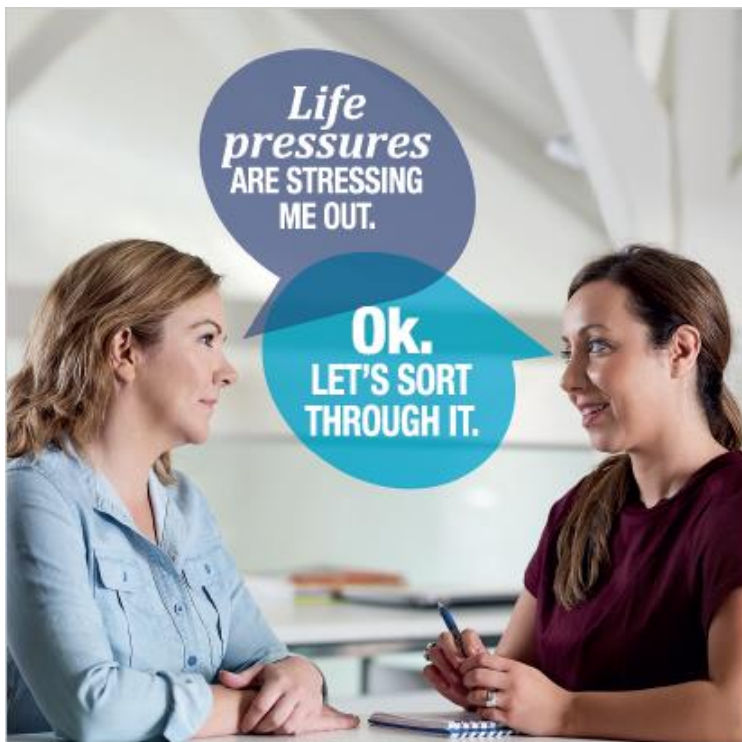


13 Mary Street, Laidley Qld 4341 | Telephone 07 5465 1889 | Facsimile 07 5465 1861
Email: admin@ourcommunitycentre.org.au | www.ourcommunitycentre.org.au

Book to ensure your spot!
Call: (07) 5465 1889

SPOTLIGHT ON A SERVICE - New Access

We receive a wide variety of requests for assistance at the Community Centre. Part of our role is to know what local services exist to provide specialist support to members of our community. To help share these services with the people of Laidley we will be spotlighting a different local service in each bulletin. With R U OK day around the corner (11th April) we wanted to use this issue to spotlight New Access. This service provides free low-intensity support to people experiencing life pressures that may be causing them stress or anxiety, such as those listed on their flyer. You don't need to be on a mental health care plan and the service is currently operating in Gatton and Laidley. If you or someone you know may benefit from the service, please get in touch via the contact details on the flyer below.



TAKE ACTION. CHANGE THINGS.

When life pressures are causing you stress, you can take action. NewAccess is a FREE coaching program to help improve the way you think about things and get you back on track.

Call **1300 971 309** or go to
[liveslivedwell.org.au/newaccess](https://www.liveslivedwell.org.au/newaccess)



What is NewAccess?

NewAccess is a program developed by beyondblue that is a free and confidential support service to help you tackle day-to-day pressures. A coach, specially trained and experienced, will support you in setting practical goals that will get you back on track.

At your first appointment, your coach will complete an initial assessment with you and develop a program tailored to your individual needs. Appointments occur over the phone or face-to-face.

Is this program right for me?

On average, 1 in 5 women and 1 in 8 men will experience some level of depression and 1 in 3 women and 1 in 5 men will experience anxiety during their lifetime.

If any of the following are causing you to feel sad, moody, angry or unable to concentrate or sleep this service could be right for you:

- Change in living arrangements
- New parent worries
- Family problems
- Health concerns or uncertainty
- Long-term isolation or loneliness
- Financial worries or instability
- Work stress or uncertainty

How do I access the program?

Take action and speak to a trained coach.
To make an appointment now, call **1300 971 309**
or visit [liveslivedwell.org.au/newaccess](https://www.liveslivedwell.org.au/newaccess)

This service is supported by funding from the Darling Downs and West Moreton PHN through the Australian Government's PHN Program.

LAIDLEY COMMUNITY CENTRE INC.

OUR PROGRAMS & SERVICES

(Please contact us for more info on any program – call 5465 1889 or email info@laidleycc.org.au)

BE CONNECTED (COMPUTER TRAINING)

Individualised training for Seniors on computer use – by appointment.

TAX HELP

Available every year from July – October for eligible participants – by appointment.

FORM FILLING

Help available for community members to fill out paper and digital forms – by appointment.

CENTRELINK

Access to Centrelink phones, computers and free wi-fi. Staff on hand to help visitors use computers.

EMERGENCY RELIEF

Individuals and families facing unexpected crisis can attend for support. Support may vary but can include food or fuel vouchers.

COMMUNITY CONNECT

Support, referral and advocacy for community to connect with services as required in times of need.

RETRO GAMES

Arcade, pool table & air hockey skills sessions & comp – new dates TBA.

SCHOOL HOLS ACTIVITIES

Activities for youth during holidays (dates vary, places limited).

DRESS FOR SUCCESS

Support for young people (under 21 years) accessing employment including uniforms, haircuts, tools & resume support.

VENUE HIRE

Community spaces for hire.

CRAFTS AND LAUGHS

Every Friday – 9:30 – 12pm.

FREE COMPUTERS & WI-FI

Computers for public use incl. free Wi-Fi.

THREE-SONS TRAINING CAFÉ

Hospitality training and employment support for young people in operational country café.

VISITING & SUPPORTED SERVICES

The following is a list of visiting services/groups currently attending at or supported by Laidley Community Centre (subject to change without notice).

We believe that the more services that attend in Laidley, the less our community members have to travel and the more likely they are to get the support they need.

Please contact us for further details about how to access any of these groups/programs.

- PCYC - BRAKING THE CYCLE (driver's licensing help).
- WOMEN'S GROUP (Mondays at Cultural Centre)
- LITTLE LEGS PLAYGROUP – meet 9am Wednesdays during school term at the Centre
- ANGLICARE – youth programs
- ENGAGE PSYCHOLOGY
- EACH – NDIS support for under 6 years
- CARER'S QLD – NDIS local area coordinator advice
- SALVATION ARMY – Moneycare financial counselling
- WESLEY MISSION - STARH Housing support
- HEARING AUSTRALIA
- EACH - Alcohol & other drug counselling.
- ANGLICARE - Alcohol & drug counselling for youth
- PROBATION AND PAROLE
- OCTEC employment
- BETTER HEALTH
- SPIRIT OF THE VALLEY EVENTS
- SARINA RUSSO
- LIVES LIVED WELL – New Access

If you would like your organisation to become part of a growing hub of place-based services in Laidley please contact us for more information.

Address: 13 Mary Street, Laidley Qld 4341 Phone: 07 5465 1889

Email: info@laidleycc.org.au Web: www.laidleycc.org.au